

Family-Friendly Bike Trails

brought to you by



Salt Creek Trail, Western Springs

16.4 miles of paved and crushed-gravel paths

Starts in Western Springs and ends at Brookfield Zoo

Waterfall Glen in Darien

11 miles of limestone- and turf-covered trails

Trek to the popular waterfall (more tips on Kidlist!)

Churchill Woods Trail, Glen Ellyn

0.6-mile crushed limestone trail

Connects to the Great Western Trail

Danada-Herrick Regional Trail, Wheaton

3 miles of trails

Visit the horses at Danada Equestrian Center (located on the East side)

Mayslake, Oak Brook

1-mile trail takes you around the lake, also a great fishing spot

Fullersburg Woods Trail, Oak Brook

1.3-miles, mostly crushed gravel

Graue Mill Museum and Fullersburg Nature Center make nice stops

Greene Valley Trail, Naperville

12 miles of trails

Scenic overlook open on weekends May-October from 11am-6pm

Springbrook Prairie, Naperville

7 miles of crushed-limestone trails, known for the best bird watching

The Morton Arboretum, Lisle

Bikes are allowed on the Arboretum roads

The Children's Garden is a great place for the whole family

Illinois Prairie Path, Cook, DuPage, and Kane Counties

61 miles with three main branches

Points of interest along the way include Kline Creek Farm,

Prairie Patch Play Area at Lincoln Marsh, St. James Farm

Get more ideas for family fun at mykidlist.com!